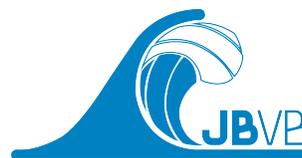


Jax Beach Volleyball Policies



Introduction to Beach Volleyball

Beach volleyball is now the fastest growing sport in the nation! The combination of speed, agility, strength, and finesse makes beach volleyball an all-around sport that can be used as a great cross training activity for indoor volleyball. Two-person beach volleyball has grown to be much more than a recreational sport. Some of the best indoor players grew up playing beach volleyball. Coincidence? I don't think so.

Why be a part of "Sand" Volleyball?

NCAA just approved sand volleyball as a collegiate sport in 2013. With the success of USA's men and women's teams in Beijing, beach volleyball has become one of the most watched and played sports in the world. Sand volleyball will also improve indoor abilities. Playing in the wind and exposure to the elements can give players an edge that will benefit them in indoor volleyball and almost any other sport. Here you can achieve that edge while learning a great new sport and all the while improving your indoor game by increasing speed and agility and mental toughness by dealing with variables that are non-existent indoors.

Player Responsibilities

Attitude, attitude, attitude! Support all members of JBVB including your teammate, yourself, your coaches and officials. Give 100% on and off the court. Even though we are on two person teams, we are all a part of a larger club. Support your other JBVB teams that are competing when you are not. No arguing on or off court, questions are encouraged to be asked, we are all learning regardless of indoor qualifications. Belittling will not be tolerated, no exceptions. Anybody not willing to abide will be subject to some of our coaches world famous physical encouragement.

Parent Responsibilities

Providing or having transportation to practice and tournaments. Support your child, child's teammate, and the rest of JBVB members along with all decisions made by coaching staff and officials. Let the coaches do the coaching. Only certified coaches are allowed to coach during events. Players can get penalized and the club may even get fined.

Coaches will be:

USAV certified, Beach IMPACT certified, SAFESPORT certified. Highly trained in beach volleyball specifics and training implementation. Will ensure each player is getting proper training and playing time.

*Coaching is only allowed during timeouts and in between matches. Understand that there will not be a coach on each court for each individual team like indoors. The player to coach ratio is no more than 10:1, therefore no coach can be in two places at one time. All effort will be made to circulate between teams during play by the coach(es). Coaches may also be participating in the pro tournament play. The price for coaching for a weekend tournaments is not included in the membership fee. Practice is when we learn the game, the tournaments is when we apply what we have learned in practice.

Practices

Practices will consist of 1.5 hours: 5 minutes for court set up (if needed), 15 minutes warm-up/warm-up game/stretch 50 minutes of drills co-operative and competitive/possible scrimmage 15 minutes of conditioning and cool-down/stretch 5 minutes net and court dis-assembly (if needed)

Practice Locations and Times

Practices will be held at 930 10th street north, Jax Beach Fl, 32250 **OR** at Jacksonville Beach, 3 blocks South of the pier unless otherwise specified. 333 1st Street North, Jacksonville Beach, FL 32250

Travel Accommodations

Each family will be in charge of their own travel and hotel accommodations for each tournament scheduled through the beach volleyball club. Recommendations will be made for directions and hotels to and around the event, but are not mandatory. You will be given information on where the events are held and how to register for such events.

*Staff member and/or volunteer should not drive alone with unrelated athlete.

*Since you are making your own travel plans, please be sure to scout out where you will be playing the following morning. **IF YOU ARE LATE TO AN EVENT AND ARE FORCED TO FORFEIT YOUR SPOT, JBVB IS NOT RESPONSIBLE.**

Weather Policy

In case of inclement weather on a practice day, the practice will be rescheduled one time at a date that the majority of players/parents can attend by coaches' discretion. If the re-scheduled practice is again rained out, that practice will be lost. Practice may still be held in slightly rainy conditions. If rain or lightening causes the practice to be delayed, shelter will be sought under one of the restaurant overhangs for a period of 30 minutes. If after 30 minutes there is no sign of letting up, practice may be canceled. Practices lasting longer than one hour in length will be considered a "full practice" and will not be rescheduled.

*Important note - Any day that the forecast is calling for rain/thunderstorms on the day of practice, the coach will send out an email by 12 noon with the decision to continue with practice as usual, or cancel practice for the day. This is an effort to try to keep everyone from traveling to practice when cancellation of practice due to weather looks imminent *** **Please remember to check your email on forecasted rainy days.**

Disputes

In the event there is a problem that occurs between players, or player and coach the following steps should be followed.

1. The player should discuss this issue with the coach to come to a solution
2. 2. If no solution could be made, an appointment should be made by the participant to meet with the director
3. 3. If the player is still not satisfied, a meeting will be held between the player, parents, coach and director

***Parents: please do not confront a player or coach during practice or tournament play.

Participant Injury Policy

If the participant should receive an injury the coach should be notified immediately to take further action. If in the event a player is injured beyond playing ability, a written letter must be obtained from the athlete's physician to allow them to return to play. For those such incidences, refunds will be pro rated and given to the player depending on the discretion of the director.

Refund Policy

The only instance refunds will be given is illness or injury. In which case, the above procedure will take place.

Age Divisions 2019/2020

18 and Under Division: Players who were born on or after September 1, 2001 or Players who were born on or after September 1, 2000 **and** a high school student in the twelfth (12th) grade or below during some part of the current academic year

17 and Under Division: Players who were born on or after September 1, 2002

16 and Under Division: Players who were born on or after September 1, 2003

15 and Under Division: Players who were born on or after September 1, 2004

14 and Under Division: Players who were born on or after September 1, 2005

13 and Under Division: Players who were born on or after September 1, 2006

12 and Under Division: Players who were born on or after September 1, 2007

Session fee includes:

- USAV and Safesport certified expert coaching
- Practices 2 times/week * 1.5 hours/practice
- Maintenance and equipment fee
- Secondary Insurance
- T-shirt or tank top
- Admin/registration

Membership does not include:

- Travel and hotel accommodations
- USAV Memberships (Indoor membership for current year is applicable) or Volley USA Memberships
- Tournament parking
- Food and/or drinks
- Additional merchandise, ie. Sandsocks, volleyballs
- Tournament registration

Payment

A spot on the beach volleyball program will be reserved when payment is received. Please mail check to: Jax Beach VB 930 10th St N Jacksonville Beach, FL 32250

Belongings to bring to every practice

Water (better to have too much, than not enough) Towel Sunscreen Eye protection (hat and/or sunglasses)
Socks/sandsocks

Additional things to bring to every tournament

Cooler with plenty of drinks, (no soda's or caffeinated drinks), snacks (fruit, granola bars, nuts), lunch – many tournament sites have no place to get food or drinks with-in walking distance, make sure you have enough to last an entire day at the beach. *Remember, just like a car, when the body runs out of fuel, it stops producing energy. And that can be one of the worst feelings in the world to have that happen in the finals of a big tournament. Shade- umbrella or tent, socks or sandsocks – the sand can get brutally hot during the summer, this is a must! A humble attitude, with the confidence to know you can win.

We, at JBVB, hope everyone is as excited about this season as we are! This year we should have a solid foundation of returning players and new faces. Have a terrific, safe summer.

See you on the Sand!!!

Director and Coach Kent Ammons
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